Southampton Fresh Air Home

Two week stay at camp packing list

www.sfah.org

- 10 changes of underwear
- 8 t-shirts
- 1 sweatshirt
- 2 pairs of long pants
- 4 pairs of shorts
- 1 pair of sneakers and/or one pair of comfortable summer shoes
- 1 sun hat/baseball cap
- 1 dressy outfit for prom (1st and 3rd sessions only. If your camp is attending 2nd session their outfit should be appropriate for a country/hoe down dance, e.g. jeans and a flannel shirt. Camp will provide hats etc.)
- 1 pair on swim goggles (camp also provides goggles if you prefer)
- 3 pairs of pajamas/sleepwear
- 8 pairs of socks
- 1-2 bathing suits
- 1 toothbrush, hair brush, soap
- 1 pair of sunglasses (if needed)
- Sanitary napkins (if needed)
- Diapers (if needed)
- Electric razor (if preferred, camp has disposable razors)

Please do not send any money with your camper. They will not require any money during their stat at camp.