



**American
Camping
Association**

Southampton Fresh Air Home
36 Barkers Island Rd
Southampton, NY 11968
USA



Staff 2026

HOUSEKEEPING INFO PACKAGE

Summer '26



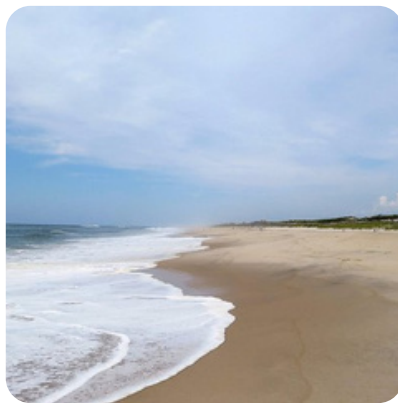
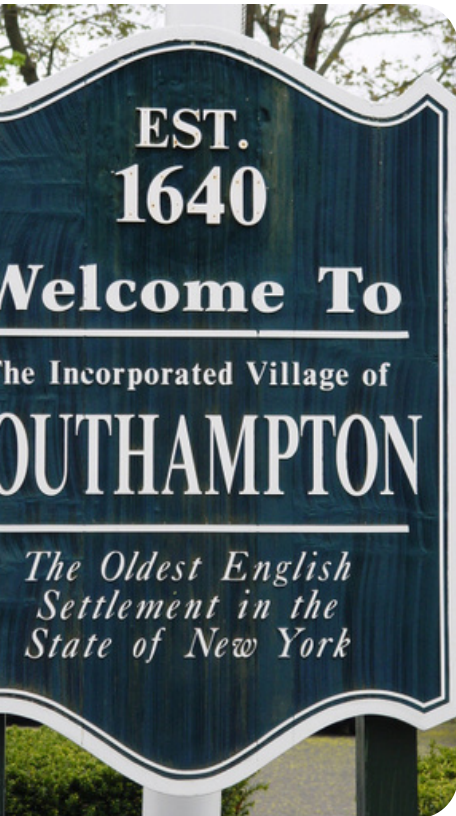
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Location

Southampton, NY, USA



Southampton, New York

Our camp is located in Southampton, NY, on Long Island. By bus or train, it is approximately two hours East of New York City. Southampton is a very wealthy area, with many amazing homes and estates. There are beautiful ocean beaches, fifteen-minute bike ride away from camp by bike and the area is world famous as a vacation resort for many people from New York and all across the USA. Many celebrities and famous people have homes here or nearby areas. There are lots of places to relax at night including the beach, bars, mini golf, shops and movie theaters.



Getting here and things to do



Flights

The camp is a simple two hour bus/train ride from the JFK airport. Once you know about your travel details, we'll work directly with you to give you all the information you need to make it as easy as possible to get to camp. There is a stipend reimbursement for staff travel to camp. Please contact the camp directly for more details on how we'll be able to help you.

Getting around town

Once you are here, we want you to be able to see all that the Hamptons has to offer! On your days off, we run a drop off/pick up car for staff to go to the beach/town, but if you'd prefer a more leisurely ride, we do have a number of bikes for you to use every day. There are several stunning beaches close to camp and getting to local stores and train stations is very simple. Once the sun has set, we'll make sure that there is plenty for you to do. It might be a campfire evening or a bus trip out to town, but we promise you that you'll never be bored at SFAH!



The Camp

Southampton Fresh Air Home

SFAH is over 124 years old.....but thankfully all of our facilities are not! We are lucky enough to have a modern, beautiful area that will take your breath away. The camp is a not-for-profit organization that is primarily funded by private donations, foundations and corporations. Originally, the camp was a private estate, and for many years the campers all lived upstairs in the main house. Today, it is a thriving center for people with physical disabilities, and one of the only camps in the USA that work with our population of kids. Every summer around 150 children with physical disabilities come through our doors to spend time in a place that offers activities, friendship, and independence in an environment of love and understanding. Many children who come to our camp enjoy their first experience of leadership, competition, and acceptance; experiences that they carry with them throughout their lives. The campers at SFAH are not overprotected or expected to have a stronger code of morals over individuals without physical challenges. They are just kids at camp. Together, we get to spend time in a place that creates amazing life experiences, from which we all us can learn and grow.

Facilities



Lifestyle



Life at SFAH is busy....but a lot of fun! We are passionate about we do and we believe that camp should be amazing for everyone who comes through our doors, campers and staff. To make this happen we all work hard, but also believe that everyone being happy is essential for their job. If you are happy, the kids will be happy, and camp will be amazing.

When you're not working, we want to make sure that life is a simple as possible. On your days off, we have a car service to the town and beach (10 mins away), plus there is a a number of bikes if you just want to ride to one of the beautiful bays that surround us during your breaktime (10 mins away). On site, there is a staff recreational room with TV and pool table, a gym, and lots of indoor and outdoor areas for you to hang out. Our staff accommodations are divided into two main living areas; Main & South. Both areas have 5 bedrooms, with two bunk beds in each, for the 20 staff that live in each area. There are three bathrooms in both Main and South. There are also four staff rooms above the bunks that house three people in each, with an individual bathroom. There is a full staff laundry onsite. Most evenings we run a staff activity (game nights, trips to town, movie nights, spa nights, Campfire, etc.) There is also a local bar and gas station within a 15 minute walk. We promise you that you won't ever be bored!



Who Does Well At SFAH?



Is SFAH right for you?

The person who does well at SFAH has three essential qualities: They are nice, willing, and hard working. To make this summer successful, we will be there to help you every step of the way during your time at camp, but these qualities are the only three things that we can't teach. But if you are nice, willing and hardworking, and we fill camp full of people who also have these three things, then I promise you that this summer will be the most amazing of your life!

You don't have to be loudest or the funniest person to work at SFAH, you just need to be yourself.... and trust us when we say that won't be hard! We are a camp that's smaller in size than others which makes meeting people and making friends super easy. Our facilities span 4 acres, is filled with 120 people, and we promise that there won't be a name on camp you don't know very quickly. When you work and live with everyone, you find that closeness quickly follows. Working here can be an intense experience but one that gives you an opportunity to do some important work, while also have a big impact on a lot of lives, yours included!



A Typical Day

8am Begin Breakfast Preparations

9am Flagraising

9:10am Serve Breakfast

9:45am Kitchen Staff Eats Breakfast

10:15am Kitchen Staff Team Meeting

10:20am Clean Up

10:30pm Lunch & Dinner Preparations

12:30pm Serve Lunch

1:15pm Kitchen Staff Eats Lunch

1:45pm Clean Up

2:30pm Break

5:00pm Return to Kitchen

6:00pm Serve Dinner

6:45pm Kitchen Staff Eats Dinner

7:15pm Clean Up

7:45pm End of Day Meeting

8:00pm Finish

A Typical Day, Arrival Dates & Pre-Camp

Typical Day Additional

Notes:

Kitchen staff are contracted to work 9hrs per day.

Kitchen staff will eat their meals 45 minutes after everyone else, as they help serve the food.

Each day, one person stays in the kitchen as additional support while the kitchen staff are eating. This role is rotated.

Kitchen staff may be required to start work at 7:30am to prepare a hot breakfast. This person's early arrival is rotated, each person does at least one. You will get extra time off later that day.



Arrival Dates

We have two windows for staff arrival:

- Regular Arrival (June 20)
- Pre-camp

Regular Arrival

This is when the majority of staff will arrive. Regular arrival at camp will be Saturday, June 20. On the Sunday, you will begin training and the campers will arrive at camp on the following Saturday (June 27). It's an intense first week, with a lot to learn, but it's also a lot of fun and a time when you begin to make friendships that will last a lifetime.

There are some variations to the dates above according to your roles/availability and we will discuss these with you individually. Please do not book your flights without contacting camp first to confirm your arrival date and time.

Pre-Camp Arrival

Pre-camp is not mandatory. If you are interested in pre-camp work please let us know. Pre-camp work is different than the camp work as we know it in the summer when the kids are here. Work during pre-camp is usually a 9am-5pm day with a 5-day week. The work during this time is split into two 'roles' which is discussed upon arrival.

In late May/early June we set up for a seasons kick off fundraiser. This work involves lots of general jobs such as moving furniture and cleaning. After the event is over we unpack everything and get the camp ready for the summer. This is when we get out all the camp equipment, set up the beds, etc. Everything that we need to do to make it ready for everyone to arrive!

Days Off

General Model

Pre-camp (Camp Prep): Late May/Early June	1 day off/additional pay**
Orientation (Staff training week): June 21 – June 26	½ day off (am***)
Session 1 (Campers at camp): June 27 – July 12	2 days off****
Intersession 1 (No campers at camp): July 13-15	3 days off*****
Session 2 (Campers at camp): July 18 – Aug 2	2 days off****
Intersession 2 (No campers at camp): Aug 3 – Aug 5	3 days off*****
Session 3 (Campers at camp): Aug 8 – Aug 23	2 and ½ days off*****
Last day of contract: Aug 24	

**Some days may vary.*

***Staff arriving early will receive additional pay to their nine-week contract which begins on June 20th. Staff arriving early will receive additional pay/days off.*

****Staff start work at 12pm (midday)*

*****These 2 days are separate. They are spread over the session and cannot be grouped together.*

******The 3 days are together/consecutive. They are always the first three days of the intersession. e.g. July 13/14/15 NOT 16.*

Staff Notes

Most staff will arrive June 20. (Staff arriving before June 20 will receive additional pay)

The last day of work for all staff is Aug 23. Staff are welcome to stay at camp that night and most staff choose to leave on Aug 24.

All staff are free to stay at camp on intersession breaks and days off. We will continue to supply board and lodgings for those staff who choose not to leave camp during the intersession breaks.

We will also have extra work for those staff who wish to work the intersession for extra pay. Places are limited however so please let the office know that you are interested when you arrive at camp.

Staff who come to us through an international staffing agency are contracted to receive a minimum of 9 days off during their summer contract. We have 12 and a half days off scheduled for every staff member as we believe that this is a healthier model for everyone involved in SFAH.

All staff, regardless of role, are required to stay on-site 2 nights a week for duty.

Staff Salary

General Info

When it comes to pay, the big question all camps get asked is about hourly salaries. Very few camps in the US use an hourly salary scale to outline your pay rate. This is for two reasons:

- Lifestyle
- Board & Lodgings (housing, food, transportation, etc)

Lifestyle

Anyone working at a camp, works long hours. When you are part of a place that runs 24-7, the hours have to be long. However, that is also what makes working at camps such an amazing experience to work through. It's all about loving what you do, and being asked to have as much fun as possible in your work. That's why camps are such great places to be for the summer. They are full of people who live, work and play together in a place that is designed to maximize fun at every opportunity. When you are a part of that world, where work doesn't feel like work anymore, it's an amazing feeling.

Board & Lodgings

From the moment that you set foot on camp, you should have no costs to you personally. We will supply you with an air-conditioned shared bedroom, three meals a day, and additional snacks in the evening. There is a free staff laundry and we supply you with 6-8 staff t-shirts to wear everyday, as well as a staff sweatshirt to wear in the evening. Life on camp is free!

Salaries

If you are an international staff member your pay is set by the agency that helped you with your visa (e.g. Camp America). Please contact camp before you arrive at camp to discuss your pay rate. There is a guide given to us by your agency that we follow. This pay guide has different rates for your age, flight details, etc. We will need to give you your individual pay-rate according to your status.

If you are an American staff member please contact the camp directly to discuss your pay-rate.

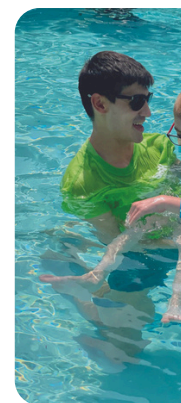
Your basic contract is for nine weeks (June 21 – Aug 23).

If you any work days outside of your contract (e.g. pre-camp) you will receive additional pay. Please contact the camp directly to discuss these opportunities.

Staff will be paid 4 times during the summer.



Staff Testimonials



Staff 2025 Testimonials

“The place was like a home. From the day I arrived at SFAH the people received me with love and affection, they became like my second family.”

“Southampton Fresh Air Home is the best camp ever, everyone is so kind, they respect your hours, and if you have a problem they help you to solve it. You won't ever get lonely! I'm so grateful to have been there.”

“Very welcoming and lovely staff. All the kids are also lovely to work with and it's enjoyable and interesting to learn from them and have a great summer. You also get trained and managed really well.”

“I had the most amazing, life-changing experience of my entire life.”

“The camp atmosphere itself is absolutely incredible! It is such a friendly place and you develop a family for life. The work is hard but so rewarding! My summer there was beyond amazing and I am hoping to return!”

“It really is a huge family and I've made some friends for life from camp! Just the bonds you have with the kids and the activities, there really is nothing like it!”



Additional Resources



www.sfah.org

A great place to start

After Campfire Podcast

The camps podcast, featuring many previous staff will give you a real sense of who we are and what we do

Instagram:
[@sfah_1901](https://www.instagram.com/sfah_1901)

Where you can see photos, reels, videos, and flyers showing fun activities, laughter, and events!

Facebook:
Southampton Fresh Air Home

Find more information about our community and events.

Zoom

Meet our team, get to know your colleagues, and ask us any of your burning questions.

You Tube:
Southampton Fresh Air Home

Find videos from our summers, events, and travel information.





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Southampton Fresh Air Home
36 Barkers Island Rd
Southampton, NY 11968
USA



Contact us for further inquiries!

Email: office@sfah.org

Visit: www.sfah.org

