Dear Friends,

We celebrated our 122nd season of camp this year! In September, SFAH launched its slate of off-season programs: retreat weekends, day trips, social gatherings and Life Skill Lab workshops focusing on relevant topics such as independent living skills, managing personal care needs, job readiness and post-secondary education. During the summer months, our oldest program took place: our sleep-away camp.

Children enjoyed SFAH’s unique sports programs, they spent time in our arts and crafts workshop, and they participated in off-site trips including sailing, beach, sporting events, theater, museums, the aquarium, animal farms, concerts, local golf courses and more.

New this year was our SFAH Spa sensory room. With the addition of comfortable seating, massage sticks, calming lighting, soft music, aroma therapy and a manicure/pedicure station, children spent time learning mindfulness, meditating, relaxing and reflecting. The success of this new endeavor surpassed all our expectations and the room is a welcome new hub for socialization on campus.

This year, SFAH expanded our year-round offerings by implementing a new program entitled Home Away from Home focused on our alumni population. Administered by Camp Coordinator Kiara Esteves, a former participant in our program, Home Away from Home provides smaller groups of alumni with continuing life-skill exercises and mentorships over the course of a year or more to ensure they reach their personal goals. The program includes an informative and popular new podcast series aimed at sharing the SFAH experience for all.

Our mentorship program grew this summer as alumni worked directly with new campers and with campers who need additional support during their time at camp. They had daily jobs in the office and around campus which help teach them valuable leadership skills so that they can continue their journey toward independence.

The 31st annual Decorators-Designers-Dealers Sale and Auction, the 36th annual American Picnic with Fireworks by Grucci and the 2nd annual Concours d’Elegance were true highlights of the summer season. Thank you to everyone who came out in support of our mission.

We welcomed several talented new directors to the SFAH Board including Lisa Arnold, Marybeth Mullen, Isolde O’Hanlon, Bronwen G.P. Smith and Sophie Elgort Von Stroh. Richard Bedard was elected to our Advisory Board. As I finish my final year as President, I pass the torch to Ann Yawney who I know will keep it burning brightly. Her commitment to the children of the Fresh Air Home, dating back to the 1970s, is unwavering.

SFAH gives our children incredible memories which last a lifetime. The socialization and independence they gain while at SFAH are a by-product of the fun they have at camp. This is a gift of immeasurable value. On behalf of the Board of Directors, staff and all of our campers and alumni, I thank you for your generosity and support.

Sincerely,

Nicky Grant
President
Complete, audited financial statements for the fiscal year 2023 are available. Please contact us if you would like to receive a copy.

Southampton Fresh Air Home is a 501(c)(3) tax exempt organization organized in the state of New York. The organization is registered with the New York State Attorney General’s Charity Bureau. A copy of the annual filing is available upon request from the organization or directly from the Charities Bureau, 120 Broadway, 3rd Floor, New York, NY 10271. You may also call the Attorney General 212-416-8686 to obtain information. Your contribution will be acknowledged with a letter for your tax records. The full amount of your gift is tax deductible within the limits of the law.
SFAH thanks all who gave to support our 122nd year. We recognize contributions received within the fiscal year September 1, 2022 through August 31, 2023.

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A day trip to Coopers Beach is always a favorite memory for
the campers

Camper enjoy their time sailing the Peconic Bay on the
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Adaptive duet bikes offer campers the opportunity to explore the outdoors while enjoying the thrill of cycling.
31st Decorators-Designers-Dealers Sale and Auction Benefit Gala
June 3, 2023

We would like to thank all Committee members and volunteers. Your commitment and hard work made our events and fundraising efforts a success.

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June 30, 2023  
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Ashley and Victor Wu and family
2nd Annual Concours d’Elegance
August 26, 2023

Claire DeLune Angellili, Peter Ostrega, Samantha Angellili, Charles Scarborough, Lisa Arnold and Rome Arnold

Sophie Elgort Von Stroh and Eric Von Stroh and family

Jill Gordon and Jeff Allen
IMPACT OF GIVING

Thanks to your incredible support, our campers experienced a thrilling and action-packed year. It was truly a year to remember, filled with fun and excitement. Because of you, SFAH provided:

2023 SUMMER PROGRAM

142 Campers Served for 2574 Camper Days
$259,350 in financial aid rewards provided to 107 children and their families

Staff
38 direct care counselors | 5 head counselors
6 nurses | 6 cooks | 6 housekeeping, laundry and maintenance personnel | 8 lifeguards
10 alumni mentors | 12 teen summer program volunteers | 4 full-time, year-round staff
4 part-time, year-round staff

Metrics
7,722 delicious meals served
100 cooling swims in the pool
55 enriching off-site field trips
44 breezy neighborhood bike rides
35 nature tours in the garden
27 glorious sails on the Sarah C
25 relaxing meditations in the SFAH Spa
8 fun trips to Coopers Beach
3 exciting theme days
2 wonderful proms
1 Amazing Summer!

OFF-SEASON PROGRAM

7 Themed Overnight Weekends
Wellness, Halloween, Friendsgiving, Spy Kids and March Madness

2 Off-Site Weekends
NYC Theater experience and a trip to LegoLand

4 Day Trips
Giants game, Accessible Rock Climbing, Visit to a LI Farm and social gathering at Olive Garden

Spring Family Fun Day

Holiday Party

HOME AWAY FROM HOME

Providing alumni with the support, tools and resources they need to reach their personal goals.

5 Overnight Stays
Fundraising bike-ride
Creating vision boards
Cooking lessons
Future planning

10 Transportation Lessons

2 Seminars
Allowing younger children to seek advice from mentors in a socialized group setting.

4 Podcasts with 600 Listens
Covering an array of topics to provide advice on the struggles the disabled community faces.

A NOTE TO OUR SUPPORTERS - Each year the Southampton Fresh Air Home makes every effort to include the names of all our generous supporters. If we have incorrectly listed or omitted your name, we sincerely apologize. Please alert us of any errors so that we may list you correctly in our next annual report. If you have changed your name, or that of your affiliation, please call or write to us so that we may change our records and acknowledge you appropriately in the future.
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Kathleen Downes
Network for Good

Kiara Esteves
Samantha Boardman Rosen and
Aby Rosen

Danielle and David Ganek
The Bacon Family
Anne Leslie DiGiacomo
Anjali and Prakash Melwani
Bettina Zilkha

Zoe and Danielle Ganek at the Picnic

Barbara Page Glatt
Ann R. Grimm

Nicky and Jamie Grant
Anonymous
Alison Morrow and
Jonathan Cohen
Ann and Cameron MacRae
Pat and Peter Nadosy
Oliver Calvo-Platero
Bettina Zilkha

WE SALUTE
Patricia “Abe” Boland
for 20 years of dedicated nursing service at SFAH.
THANK YOU!

In loving memory of
THEODORE THOMAS
“TEDDY” RAM

Camper from 2017-2022
“Teddy’s anticipation prior to arriving at SFAH was legendary, and often began while there was still snow on the ground”
In 2012, Emily Martinez was a very shy, soft-spoken, and nervous camper at the Southampton Fresh Air Home. To this day, she remembers how homesick she felt at the beginning, having never spent any time away from her family. However, this pushed her to make new friends, be outside her comfort, and get to see different perspectives from others living with disabilities.

Now, at 20 years old, Emily is a full-time graphic design student at Hofstra University and an active participant of the Alumni Program at the Southampton Fresh Air Home. During the summer months, she provided support to campers experiencing the same homesickness she once felt and provided reassurance towards new staff members; all while honing her own life skills. Working in the office, amongst a team she once knew only by association, helped her build real-world career skills that helped her feel her time at camp had a greater impact and sense of purpose at the place she’s loved since she was 9 years old. In the off-season, Emily participated in Home Away from Home weekends and transportation training where she gained more individualized and hands-on support with cooking, building teamwork, navigating public transportation, and self-advocacy.

Since being part of the Alumni Program, Emily has been able to confidently take herself to doctor appointments, advocating for her needs without her parents answering for her. She’s been able to take public transportation to socialize with her friends who live in NYC. Emily has become a big advocate for the programs: “with the SFAH family’s support, you’re gaining new life skills, connecting with your friends, and helping the next generation of campers in the ways I wished I had at their age.” With endless possibilities in her future, she will continue to use the tools and resources she’s been given by the Southampton Fresh Air Home and work hard at seizing every opportunity.

By Kiara Esteves, Camp Coordinator and Home Away From Home Program Director

1901 SOCIETY
Endow the Southampton Fresh Air Home with a Stroke of the Pen and Become a Member of The 1901 Society

Through a charitable bequest in your Will or Living Trust, you can ensure that the Southampton Fresh Air Home will keep its doors open to all campers who can benefit from our programs to apply, regardless of financial circumstances. This thoughtful act, which has little or no current financial impact on you, may result in the largest and most lasting one-time gift you ever make to the Home. Instruct your attorney to add a charitable bequest for the Southampton Fresh Air Home to your estate plan for a specific amount, a specific property, a percentage of your estate, or for a specific capital project or program.

Members
The Estate of Mildred Brinn
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The Estate of Frances Dalefassandro
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The Estate of Florence Wesley

Gifts that Endure
Few families that send their child to the Southampton Fresh Air Home can afford to bear the real cost of a session at camp. The Fresh Air Home accepts all children on a needs blind basis. No child is denied an opportunity to be a camper because of their inability to pay. Financial aid is available for all levels of need, from minimal need to 100% of camp fees.

For confidential information on making your planned gift commitment to the Southampton Fresh Air Home, please call Thomas Naro, 631-283-5847.
Southampton Fresh Air Home honors Catherine Kuehn Price on the 20th anniversary of her involvement with the organization. Cathy recently recalled that she first attended the Picnic in 2003 when her children, Malachi and Camille, were 9 and 7. “A lot of my friends recommended it to me as a wonderful event for families. They were right, we loved the party!” Cathy said that Danielle Ganek, whom she knew through Malachi’s school (Danielle’s son Harry and Malachi were classmates), invited Cathy to join the Board in 2007. “Danielle was relatively new to the organization at the time and loved it.” Danielle and her husband David have of course been the gracious hosts of the Picnic event for more than 20 years.

Cathy became Treasurer in 2009. In 2012, she was elected Executive Vice President while retaining the role of Treasurer. In 2015, Cathy was elected President, a position she held for two years. She now serves as a Co-Chairman of the Board and continues to be very active on the finance committee and in fundraising. Cathy’s strategic thinking helped to ensure long-term financial sustainability for SFAH (she holds an MBA from Harvard Business School and has over a decade of experience in finance having worked at Credit Suisse). Her keen understanding of how the endowment could help to provide additional funding to maximize programming was crucial as the Home started to offer more programs on a year-round basis. During Cathy’s tenure as President, SFAH embarked on a major capital campaign to improve the infrastructure of the facility. Cathy’s husband Malcolm serves on the Men’s Committee and both her children have volunteered, assisting with both the camp and fundraising events.

Cathy discussed why the Home has been, and continues to be, so important to her: “SFAH serves a very underserved community - offering young people with physical disabilities a home away from home to enjoy the summer and undertake activities that would be very difficult to do without the special facilities and staff that SFAH provides. In that sense, it is unique and given the challenges of serving the population we target, there are not many other charities that are able do this, as to do so is expensive and highly individualized and specialized. SFAH is also a relatively small organization so I feel I can have an impact on the direction of existing and new initiatives and my efforts truly make a difference to its success.”

We asked Cathy why she believes SFAH is such an enduring charity: “SFAH is truly a local charity. It is close to my home, it is supported by my friends, neighbors and local businesses in the Hamptons, and it interacts with the community in many different ways. We have a wonderful and engaged Board, and I have many old and new friends who are members. The two major summer fundraisers, the Picnic and the DDD, provide an opportunity for people to come together to enjoy each other’s company, have a wonderful time and raise money for a great cause.” Most recently, Cathy helped to launch the successful Concours d’Elegance car show with Lisa and Rome Arnold, adding a new and popular event to the fundraising calendar.

“The Home is in Southampton and it is easy to visit the fabulous facilities and engage with the kids. The staff is passionate; I have known the senior staff members (Tom and David) for many years and their dedication and enthusiasm are contagious. The camp buildings and grounds are beautiful and constantly maintained and updated. Finally, the mission of the organization has greatly expanded since 2007. We now provide weekend activities during the school year, life skills training and assistance to our kids after they age out of camp.

SFAH is 123 years old and it is amazing to have seen its transformation over the past 20 years. It is a privilege to have been able to contribute to the success of SFAH and I am confident I have received more from my involvement than I have given.” It is for these reasons that we salute and thank Catherine Kuehn Price for all of her contributions.
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During the summer months, our staff grows to over 60 employees including counselors, nurses and support staff, who provide our children with an exceptional camping experience.
SFAH is a not-for-profit residential center offering summer camp sessions and year-round programs for children and young adults with physical disabilities. Our mission is to provide an enriching, recreational and educational experience. We are committed to helping our children develop physically, emotionally, and educationally, with the goal of fostering self esteem, maturity and independence through a broadly balanced program, while providing their families with a well-deserved respite. The Southampton Fresh Air Home is dedicated to improving and expanding its programs and facilities as new opportunities, technology and financial support become available.